

# Driver CPC Training



CPC stands for Certificate of Professional Competence. Under EU Directive 2003/59 all professional LGV and PCV drivers must have this certification.

Driver CPC is periodic training designed to complement the individual driver's work and be relevant to their job. Drivers receive their Driver Qualification Card (DQC) once they have completed 35 hours of periodic training.

All professional drivers must complete a total of 35 hours of periodic training every 5 years following their 'acquired rights' or initial qualification to keep their Driver CPC valid.

#### Why the LSA?

The Logistics Skills Alliance is an RTITB Master Driver CPC Consortia member.

#### This enables us to:

- Access to over 36 accredited, high quality, interactive Driver CPC modules (3.5 hours each) of LGV and PCV courses
- Mix and match modules that are most relevant for your business
- Approach training in a flexible way, delivering at times and places that are convenient to you (including weekends), at a network of training centres or at customer sites.

#### For more information

Please contact us to find out more about the modules that we offer. Some of our most popular courses are outlined overleaf.

We have a variety of 7-hour courses but our programmes also include 3.5 hour modules, which can be mixed and matched to produce a 7-hour course. This enables us to create a bespoke course that suits your business needs.

# **Popular CPC modules**

#### Drivers' hours

This course provides candidates with the knowledge of working time to ensure they are aware of working periods specific to the transport industry. Ensuring that drivers know the rules regarding rest breaks and working hours helps to develop a culture of safety and compliance, leading to a reduction in tachograph offences/infringements and corresponding costs.

#### Vulnerable road users

The Vulnerable Road Users (VRU) course is based on the Transport for London (TfL) Safe Urban Driving course and has been designed to enable transport operators to take measures to improve safety in all road traffic environments. Candidates will gain an understanding of the changing streetscape and the urban environment, vulnerable road users and sharing the road safely, plus defensive driving techniques and actions in the event of an incident.

#### Digital tachographs

Suitable for drivers of vehicles fitted with digital tachographs, this course provides candidates with knowledge of regulations (EEC) 561/2006 and 3821/85. Responsibility lies with both the driver and the employer to remain compliant. Ensuring that drivers understand the rules regarding rest breaks and working hours helps to develop a culture of safety and compliance, leading to a reduction in tachograph offences/infringements and unnecessary costs.

## Load security

This course covers drivers' legal responsibilities and possible penalties, principles of load safety, load security equipment, dangers of high vehicles/low bridges, pre-load checks, securing loads (including curtain-sided trailers), vehicle stability, vehicle roll over and avoidance, and the correct procedure for loading a vehicle.

## Driver health and eco-safe driving

A classroom based programme which enlightens drivers to the importance of physical and mental ability, the principles of healthy eating and the role of the basic work/rest cycle. Coupled with an introduction to the principles of safe and fuel efficient driving, the course creates awareness of how driving technique affects fuel consumption. Drivers will learn how concentration and planning can reduce incidents and vehicle downtime, ultimately leading to reduced fuel costs for the fleet and a less stressed and healthier driver.

## Other courses

We also offer courses in:

- Traffic Law
- Customer Service
- Health and Safety at Work

Please contact one of the team for our scheduled courses and prices.

We deliver nationwide and at weekends to meet your needs. We offer competitive prices and able to offer discounts for LSA members and employers who have multiple CPC candidates.



